

This sample Activity Matrix is meant to be used as a guide to help a school district establish its own activity matrix and activity approval process. Creating a district-specific activity matrix allows school staff to easily recognize approved student activities, identify activities that require additional information and risk management work before approval, and recognize those activities that the district has deemed inappropriate for the PreK-12 educational environment.

Tailor this matrix to serve as a working list of all activities conducted on and off school campuses. If a requested activity is not included in the matrix, we recommend that the school district's risk management department and the appropriate affected school district department(s) review it. We encourage you to consult with WSRMP Risk Services regarding insurance requirements and risk management recommendations. Review and update the list annually or as new activities are proposed in your schools.

The Activity Matrix reflects WSRMP's recommendations for approved student activities. It is not intended to reflect whether coverage exists in the event of an injury.

The matrix is broken down by function and approval requirements for different grade levels and activities.

### FUNCTION

**WIAA-Sanctioned** – Washington Interscholastic Athletic Association sporting events. These sports activities are designed for middle and high school students under the strict supervision of trained and certified physical educators and coaches. All organized sports must comply with the WIAA standards. Transportation policies apply to all off-campus activities.

**Approved Physical Education Curriculum** – Accepted departmental study course or element. All curriculum activities must meet departmental standards. A written curriculum for each activity (study element) must be on file on-site. Field trip and transportation policies apply for all off-campus curriculum activities.

**Playground & Playfield** – Discretionary free play activities with general supervision and general safety standards. Organized and/or team sports normally requiring personal protective equipment, or which include aggressive physical contact, are not allowed during free play unless the health & fitness department supervises them.

**Low-Risk Extracurricular Activity** – Activities taking place on campus need no further approvals. All off-campus activities will require prior approval. Review applicable board policies and procedures and follow district protocol. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, APHERD, ORCA, etc.) Require written guardian informed consent before student participation.

**Moderate Risk Extracurricular Activity** – These activities may require additional planning and preparation, such as student training and supervision by adults familiar with the activity. All off-campus activities will require prior approval. Review applicable board policies and procedures and follow district protocol. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, APHERD, ORCA, etc.) Document the educational benefit and objectives of the activity. Require written guardian informed consent before student participation.

**High-Risk Extracurricular Activity** – The activities have significant inherent risks that can be mitigated with careful planning, supervision, and purposeful contracting. Supervisors or third-party providers may need specific qualifications and certifications. Requestors should work closely with district risk management when planning. Review applicable board policies and procedures and follow district protocol. All activities must be performed following the recognized standards of the governing discipline (WIAA, APHERD, ORCA, etc.) Document the educational benefit and objectives of the activity. Require written guardian informed consent before student participation.

**Banned Activity** – WSRMP advises prohibiting these activities as the potential educational objectives do not outweigh the activity’s inherent risks even when proactive risk management steps are taken.

#### **APPROVAL LEVEL**

● = Please follow the standard activity or field trip approval process. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, etc.) and take into consideration any fact sheets (transportation, lodging, etc.) or checklists provided on the Washington Schools Risk Management Pool website.

X = Approve activities case-by-case, subject to review by the school district risk management department and the appropriate affected school district department(s). Have requesters submit an *Activities Request Form* to the district’s risk management contact or identified administrator to initiate the review process. Find a sample *Activities Request Form* at the end of this document. Consultation with WSRMP Risk Services consultants will provide additional input regarding insurance requirements and best practices regarding risk management. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, etc.)

■ = Activity not applicable, not appropriate, or not allowed. These activities are either not covered by our insurance carrier or the risk of serious injury outweighs the educational benefit of the activity. With proper justification and documentation, activities on this list may be placed in the “X” category.

**SAMPLE ACTIVITY MATRIX**  
**DISTRICT MUST REVIEW BEFORE ADOPTION**

	A	B	C	D	E	F	G
	Function	Activity	High School	Middle School	Intermediate School (4th-6th)	Primary School (K-3rd)	Pre-K
1							
2							
3	<b>WIAA Sanctioned</b>						
4	<b>(7th-12th)</b>	Baseball	•	•			
5		Basketball	•	•			
6		Bowling	•	•			
7		Cross Country	•	•			
8		Dance & Drill	•	•			
9		Football	•	•			
10		Golf	•	•			
11		Gymnastics	•	•			
12		Soccer	•	•			
13		Softball	•	•			
14		Spirit/Cheerleading	•	•			
15		Swimming & Diving	•	•			
16		Tennis	•	•			
17		Track & Field	•	•			
18		Volleyball	•	•			
19		Wrestling	•	•			
20							
21	<b>Approved Physical Education</b>						
22	<b>Curriculum</b>						
23	<b>(PreK-12th)</b>	Aerobic Fitness Activity	•	•	•	•	
24		Badminton	•	•	•	•	
25		Baseball Skills	•	•			
26		Basketball Skills	•	•	•	•	
27		Bowling	•	•	•	•	
28		Dance	•	•	•	•	
29		Floor Hockey	•	•	•	•	
30		Frisbee	•	•	•	•	
31		Handball	•	•	•		
32		Pickleball	•	•	•	•	
33		Racquetball	•	•			
		Single Climbing Rope	X	X	X	X	

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	Function	Activity	High School	Middle School	Intermediate School (4th-6th)	Primary School (K-3rd)	Pre-K
1							
34		Self Defense	•	X			
35		Soccer Skills	•	•	•	•	
36		Softball Skills	•	•	•	•	
37		Table Tennis	•	•	•	•	
38		Tennis	•	•	•	•	
39		Running	•	•	•	•	
40		Traversing Wall	•	•	•	•	
41		Volleyball Skills	•	•	•	•	
42		Weight Lifting/Training	X	X			
43							
44	<b>Playground &amp; Playfield</b>						
45	<b>(PreK-12th)</b>	2-Square	•	•	•	•	•
46		4-Square	•	•	•	•	•
47		Basketball	•	•	•	•	
48		Climbing/Play Structures			•	•	•
49		Jump Rope	•	•	•	•	•
50		Kickball	•	•	•	•	
51		Soccer	•	•	•	•	
52		Swings			•	•	•
53		Tag	•	•	•	•	•
54		Tetherball	•	•	•	X	
55		Wallball	•	•	•	•	
56		GaGa Ball			X	X	
57							
58							
59	<b>Low Risk Extracurricular Activity</b>						
60		Aerobic Fitness	•	•	•	•	•
61		Badminton	•	•	•	•	
62		Bowling	•	•	•	•	
63		Croquet	•	•	•	•	•
64		Miniature Golf	•	•	•	•	•
65		Pickleball	•	•	•	•	
66		Remote Control Car	•	•	•	•	•

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	Function	Activity	High School	Middle School	Intermediate School (4th-6th)	Primary School (K-3rd)	Pre-K
1							
67		Table Tennis	•	•	•	•	
68							
69	<b>Moderate Risk Extracurricular Activity</b>						
70		Baseball (Hardball)	•	•			
71		Basketball	•	•	•		
72		Batting Cage	•	X			
73		Biking (bike path)	•	•	•	•	X
74		Flag Football	X	X			
75		Golf	•	•	•		
76		Laser Tag	•	•	•		
77		Handball	•	•	X		
78		Racquetball	•	•			
79		Remote Control Airplane	•	•	•		
80		Remote Control Boat	•	•	•	•	
81		School Dance (Social Function)	•	•	•		
82		Soccer	•	•	•		
83		Softball	•	•	•		
84		Tennis	•	•	•		
85		Track & Field	•	•	•	•	
86		Traversing Wall	•	•	•	•	
87		Unicycle	•	•	•		
88		Volleyball	•	•	•		
89		Wrestling	•	•			
90							
91	<b>High Risk Extracurricular Activity</b>						
92		Adopt-a-Highway Litter Removal	X				
93		Amusement Parks	X	X	X	X	X
94		Animal Experience (No Touching)	X	X	X	X	X
95		Archery	X				
96		Backpacking	X	X			
97		Biking (mountain)	X				
98		Boating	X	X			

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	A	B	C	D	E	F	G
1	Function	Activity	High School	Middle School	Intermediate School (4th-6th)	Primary School (K-3rd)	Pre-K
99		Camping (Outdoor)	X	X			
100		Canoeing	X	X			
101		Car Washes	X				
102		Clay Target Shooting	X				
103		Climbing Walls (Indoor)	X	X	X		
104		Cross Country Skiing	X				
105		Fishing	X	X			
106		Fun Run/Walk	X	X	X	X	X
107		Glass Blowing	X				
108		Ice Skating (commercial ice rink)	X	X	X	X	
109		Indoor Skydiving	X	X			
110		Inflatable Bouncing/Jumping Games	X	X	X	X	
111		Inline Skating	X	X	X	X	
112		Kayaking	X	X			
113		Lacrosse	X				
114		Martial Arts	X	X	X		
115		Pony Rides (commercial)				X	
116		Rappelling	X	X			
117		Racquetball	X	X			
118		Roller skating	X	X	X	X	
119		Ropes Course (commercial)	X	X	X		
120		Saddle Animals (Trail Ridding)	X				
121		School Carnival	X	X	X	X	
122		Skateboarding	X	X	X		
123		Snorkeling	X	X	X		
124		Snow Skiing (Down hill)	X				
125		Snowboarding	X				
126		Snowshoeing	X	X			
127		Swimming - Public Pool	X	X	X	X	X
128		Swimming - School Pool	X	X	X	X	X
129		Squash	X	X			
130		Tug-O-War	X	X	X	X	

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1	Function	Activity	High School	Middle School	Intermediate School (4th-6th)	Primary School (K-3rd)	Pre-K
131		Water Aerobics	X				
132		Water Polo	X				
133		Water Slides (commercial)	X	X	X	X	
134		Weight Lifting/Training	X				
135		Wilderness Adventures	X				
136							
137	<b>Banned Activities****</b>						
138		Bike Racing					
139		Bonfires					
140		Boxing					
141		Broomball					
142		Bungee Jumping					
143		Car Racing					
144		Cricket					
145		Cross Fit					
146		Darts					
147		Demo Derby					
148		Dirt Bike Racing					
149		Diving (springboard/platform)					
150		Dodge Ball					
151		Donkey Basketball					
152		Dunk Tank					
153		Fencing					
154		Flying (Aircraft)					
155		Go Carts					
156		Hang Gliding					
157		Hayride					
158		Helicopters					
159		High Impact Aerobics					
160		Horse Racing					
161		Hot Air Balloons					
162		Ice Fishing					
163		Ice Hockey					

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1							
164		Ice Skating on Ponds & Lakes					
165		Jai-Alai					
166		Jet Skis					
167		Jousting					
168		Kick Boxing					
169		Logging & Timber Activities					
170		Marathon					
171		Mechanical Bull					
172		Motorboat Racing					
173		Motocross					
174		Motorcycle Racing					
175		Mountain Climbing					
176		Mud/Jell-O/Oil Wrestling					
177		Pack Animal Trips					
178		Paddle Boarding					
179		Paintballing (Virtual Assault)					
180		Parasailing					
181		Petting Zoo					
182		Polo					
183		Pyrotechnics					
184		Red Rover					
185		Rock Climbing (outdoors)					
186		Rodeo Events					
187		Roller Derby					
188		Ropes Course (school)					
189		Rugby					
190		Sandboarding					
191		Search & Rescue					
192		Scuba Diving					
193		Skydiving					
194		Slip 'N Slide (water slide toy)					
195		Snow Tubing/Sledding					
196		Snowmobiling					



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1							
197		Soapbox Racing					
198		Speed Skating					
199		Spelunking (caves)					
200		Swimming Open Water (Lakes, Rivers, Ocean)					
201		Swimming - Residential Pool					
202		Trampolines					
203		Transient Carnivals					
204		Triathlon (Ironman)					
205		Firearms Use					
206		Water Skiing					
207		Water Tubing					
208		Whitewater Activities					
209		X-treme Sports					
210		Zip Line					
211							
212							
213							
214							
215							
216							
217							
218							
219							